



FIRST-ABC: A study about breathing difficulty in children

Please ask your Mum or Dad or the nurse to explain any words that you don't understand.

1. What is research? Why is this study being done?

Research is a way of answering important questions. We are doing this research study to find out the best way of **helping** ~~treating~~ children who have trouble breathing and need some extra help to breathe.

2. Why were my Mum or Dad asked if I could take part?

Your Mum or Dad were asked if you could take part because you were finding it hard to breathe normally and needed some extra help using a special machine. About 1,200 other children with the same problems will **also** be taking part in the research.

If you have any questions about the research or taking part in the study, you can ask your Mum or Dad, or one of the nurses **in the hospital**. You can also ask them to show you a short animation called 'You took part in research' which will help to explain what taking part in **this type of emergency** research means. You can find the animation by searching 'You took part in Research' on You-Tube, or typing in the following web address: https://youtu.be/_Fs1yUxeBFQ.

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3. What happened as part of the study?

The first thing that happened was that you were put into one of two groups.



- ★ Children in **group 1** were looked after by the doctors and nurses, and had a special machine to help. You would have worn a mask or a hood which can help you to breathe more easily.
- ★ Children in **group 2** were looked after by the doctors and nurses, and had a different special machine to help. You would have worn something just under your nose which can help you to breathe more easily.

A computer decided at random which group you would be in (like flipping a coin). There was an equal chance that you would be in each group; your Mum or Dad weren't allowed to pick which group you went in. This makes it fair for everybody.

We will collect some information about you while you are in the hospital, to see which treatment works best. ~~It doesn't matter which group you are in;~~ ~~y~~You will always get the best possible care if you are in any of the two groups. After six months, we will also ask your Mum or Dad some questions about how you are doing.

4. Will joining help me?

You are playing an important part in finding out what is the best way to help children like you to get better. We can't promise this research will help you, but you will be helping other children, just like you, who have the same problems in the future.



5. What happens when the research stops?

When we have collected information from all of the other children, we will tell you and your family what we found out.

6. Will anyone else know I am doing this?

No. All of your information will be kept safe and only people working on the study will be allowed to see it.

