

Keeping you updated about



Dear Parent/Guardian

We would like to say a huge **THANK YOU** for taking part in the FIRST-ABC Study. Without your help and contribution we wouldn't be able to carry out this important research.

Why FIRST-ABC?

Breathing support is the most common treatment provided to children in the paediatric critical care. The most invasive form of breathing support is when a child has a tube inserted into their windpipe and is put on a ventilator.

To reduce the number of children needing invasive support, non-invasive breathing support methods like Continuous Positive Airway Pressure (CPAP) and High Flow Nasal Cannula (HFNC) are used. There is little research available to guide which method is more beneficial or safe. However, both methods are used across the NHS and this has led to a widespread variation across the country in which method is used.

Therefore, half of the FIRST-ABC participants received CPAP, and the other half received HFNC. Both groups will then be compared at the end of the trial to see if one method was more beneficial for the participants than the other.

How is your child helping?

All parents/guardians are contacted at three months of being involved in the FIRST-ABC Study.

We'd really appreciate your help by completing and returning the questionnaire that we've sent to you.

The information you provide in the questionnaire will let us know how your child is currently feeling and will be used to **help improve the care of future children** who have been in a similar position to your child.

If you would prefer to go through the questionnaire over the phone, please, do not hesitate to get in touch.

We are very thankful for your time and assistance.

Thank you!



You might want to share this video with your child: <https://youtu.be/Fs1yUxeBFQ>

This animation is for children and young people who have taken part in research when they were very poorly. Children, researchers, nurses and doctors helped to make this animation with the company Morph. They based the animation on the findings of The Children's Voices project, which explored the views of 16 children aged 7-15 about research without prior consent. Find out more at: <https://www.liverpool.ac.uk/psychology-health-and-society/departments/psychological-sciences/research/childrens-voices/>

We are here to help you...

If you have any questions about FIRST-ABC, or about your questionnaire, we're more than happy to help:

Photo Alvin Richards-Belle, Trial Manager

to be I manage the day-to-day running of the FIRST-ABC study and keep-
inserted ing up to date with everything on a day-to-day basis.

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